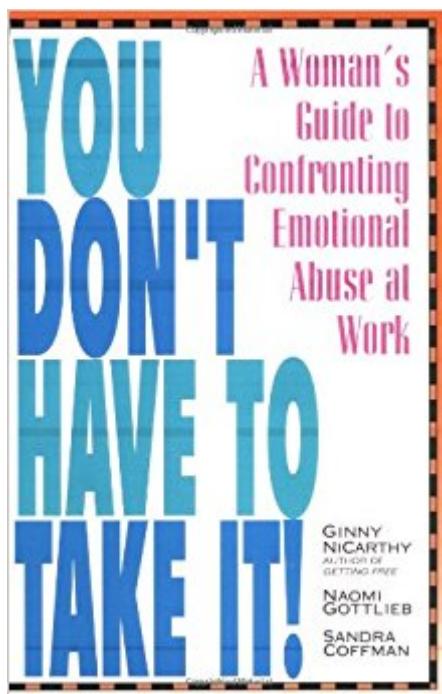


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# You Don't Have To Take It: A Woman's Guide To Confronting Emotional Abuse At Work



## **Synopsis**

Addressed to working women in all kinds of jobs, this groundbreaking book tells how to recognize and deal with emotionally abusive employers and coworkers. Personal accounts woven throughout the text describe many different abusive workplace situations.

## **Book Information**

Paperback: 396 pages

Publisher: Seal Press (September 20, 1993)

Language: English

ISBN-10: 1878067354

ISBN-13: 978-1878067357

Product Dimensions: 9 x 6.1 x 1 inches

Shipping Weight: 1.4 pounds

Average Customer Review: 4.0 out of 5 starsÂ  [See all reviewsÂ \(3 customer reviews\)](#)

Best Sellers Rank: #1,480,111 in Books (See Top 100 in Books) #139 inÂ Books > Business & Money > Economics > Unemployment #1158 inÂ Books > Business & Money > Women & Business #1399 inÂ Books > Self-Help > Abuse

## **Customer Reviews**

As I am experiencing bullying from my supervisor in a medical clinic, this has been an excellent guide to understanding and pointing out subtle behaviors that are reportable to the EEOC. I also recommend this book as I teach nursing students and this is still an ongoing behavior in hospitals and clinics. Abuse still happens with doctors and nurses.

I am a practicing attorney and handle human rights cases. I purchased this book to help me understand the subtle methods of sexual abuse in the workplace from the standpoint of women. I found the book to be instructional and of great assistance to help me to recognize such things as an ongoing "grooming" type of behavior by bosses who prey on subordinates for sexual favors; and the limited ability of women to even identify and deal with flattery and differentiate it from sexual advances. The book helps all who read it come to grips with what is called an hostile work environment. Robert A. Shaines Author of "Command Influence" a book soon to be published and dealing with another hostile environment in the military workplace

You won't find real answers here.

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